

# SOUTH TEXAS PSYCHIATRIC PRACTICE BASED RESEARCH NETWORK

INSTITUTE FOR INTEGRATION OF MEDICINE & SCIENCE

## PBRN

PRACTICE-BASED RESEARCH NETWORK RESOURCE CENTER



Free opportunities to earn CME while networking with other community and academic psychiatrists!

## History



The South Texas Psychiatric PBRN (STX-PSYCH-PBRN) was founded by Dr. Cervando Martinez in 2009. Since then, the network has grown into an organization of community clinicians who collaborate together with UT Health San Antonio researchers and it is now led by Donna Roybal, MD. Dr. Roybal is an Assistant Professor of Child and Adolescent Psychiatry at UT Health San Antonio as well as the Director of the Child and Adolescent At-Risk Evaluation for Bipolar Disorder Program.

This PBRN has a versatile membership of adult, child, and even forensic Psychiatrists. To our knowledge, this network is one of few, if not the only, local Psychiatric research network in the United States. The network currently receives funding from the NIH.

## Research Projects

Ideas for STX-PSYCH-PBRN research projects come from researchers, faculty members, psychiatrists, and community members.

Completed Projects:

- Doctor-patient relationships
- Examining adverse reactions of patients during sessions
- Examining the association of Selective Serotonin Re-uptake Inhibitors (SSRI) and alcohol

Ongoing Projects:

- Usefulness of an agenda setting tablet to enhance the patient-doctor relationship
- Prescriber and patient perspectives on polypharmacy



## Publications & Presentations



The STX-PSYCH-PBRN has been published in JABFM: The Journal of The American Board of Family Medicine, and is actively working on more publications to highlight current projects. This PBRN has also had the opportunity to present their research at many local and out-of-state events focusing on Psychiatry and Community Engagement. Dissemination of findings is essential to the PBRN: therefore, we are always actively looking for opportunities. Members may also

have access to PBRN funds to assist with presentation or travel fees.

## Member Benefits

How can the STX-PSYCH-PBRN benefit you?

- **CME Credit for Member Activities**
- PBRN meets once a quarter and dinner is provided
  - Can't make it? Call in options available!
- If you are interested in joining but have more questions please email [stxpsychpbrn@gmail.com](mailto:stxpsychpbrn@gmail.com).
- ***Definitely want to join? Please fill out this short [form](#) or click Join Now.***

JOIN NOW

